



Dear human,

Thank you so much for coming on this journey with me. It's far from my favourite thing to talk about, but life costs money so... Here is what you need to know about taking classes with me in terms of organisation, commitments & payment.

To confirm your attendance in class:

Email: **info@jessaszodi.com** and put in the SUBJECT LINE:

- A) The **Date** of the class you want to attend, and/or
- B) **Workshop title** (if applicable)

Your spot is only confirmed once you have paid.

Walk-ins will only be allowed if there is space.

There is no obligation for ongoing classes but discounts are available if you do.

Early bird prices apply to bookings made at least 1 week in advance.

What to bring

Comfortable clothes, a water bottle, your self.

Locations and accessibility

Unless otherwise specified, classes take place at my home studio at Gotzkowsky Str 15. Berlin. 10555. 4th floor. Front House.

Press my name on the bell and directly come up stairs.

It's the top floor and the door will be open.

Unfortunately the space is not wheelchair accessible. I want to create a space that is as accessible as possible for as many bodies and minds as possible, so if there's anything you need, or need to know before committing, please be in touch.

Our commitments to eachother

- We will regard each other with a "presumption of good intent". These classes include folks of many different backgrounds and experiences. Sometimes communication can be challenging or even triggering. Vulnerability is brave and encouraged, my students commit to holding space for themselves and one another with kindness, compassion and humility.
- You will take responsibility for your own boundaries and limits, checking in with your comfort and tolerance levels. We are working with your body and emotional forces that are often unwieldy and opaque. I will try my utmost to create a safe and nurturing environment that can be a container for vulnerability and growth. I will seek affirmative consent before engaging in any activity I anticipate could be

physically or emotionally triggering. That said, I am not a mind reader, and you are an adult. We must take care of ourselves and each other. I can not take responsibility for pain caused as a result of students not voicing their “no”, or speaking out when they are approaching the limit of their comfort.

- I may take pictures or sound recordings for use in my own promotion and documentation, unless a) you specifically ask me not to, or b) the class involves intimacy or vulnerable bodily situations, in which case I will not record in any form.

To Pay

Bank Transfer (preferred)

Name: JESSICA KATHLENE ASZODI
IBAN: DE32 1001 1001 2625 7713 90
BIC: NTSBDEB1XXX

Or using **Paypal** or N26 bank users can instant transfer to me at info@jessaszodi.com

QR Codes for paypal or n26 users (just point your phone camera at the code)

PAYPAL



N26



Arrival and Cancellation Policy

Cancellations with 48 hours notice will be refunded in full

Cancellations with 24 hours notice will be refunded 50% or offered a re-schedule

I will make every effort to reschedule where possible

Please use text message, Whatsapp or Telgram to let me know if you are running late.

“No shows” forfeit their payment

More than 15 minutes late may be treated as a “No show”

Contact me best at +49 15207260908 or info@jessaszodi.com

